



# Unshakable Identity

I am Valuable

Meditate on the verse below. What does it mean to identify yourself as valuable?

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What is the first thing you do when you think about something in the future? Do you trust God has your best interest in mind? Why or why not?

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What would it look like to live out your daily life identifying yourself as valuable?

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Look at the birds of the air: they do not sow or reap or store away in barns, and yet your Heavenly Father feeds them. Are you not much more valuable than they? Matthew 6:26 WIV



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As I reflect on yesterday, something that brought me joy was

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Yesterday was hard because

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Today, I am thankful for

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Something I feel I need to work through is

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How can I rely on Jesus to help me work through this?

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## Journal

Do not worry about everyday life

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